



## COVID-19 Best Practice SELF-SCREENING GUIDELINES

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1. Employees may use the following criteria when completing their self-monitoring.
2. Self-monitoring to be conducted at the beginning of shift 0800 hours and the middle of shift 2000 hours.
3. Employees not on a 24 hour schedule may complete their self-monitoring at the beginning and end of their shift.
4. Please complete the self-monitoring form each shift and email to the EMS Logistics Coordinator by 0900 the following day.
5. Employees with one of more of these signs or symptoms are considered to have a communicable illness, should not be at work, and need to communicate through the on duty District Chief or Supervisor.



FEVER WITH OR WITHOUT CHILLS  
(38C/100.4F)



UNCONTROLLABLE SECRETIONS/EXCRETIONS RESULTING IN  
SNEEZING OR BLOWING NOSE DURING CARE OF PATIENT OR  
TALKING WITH A CO-WORKER



PROLONGED SORE THROAT



PRODUCTIVE/UNCONTROLLED COUGH



INFLUENZA OR COVID-19-LIKE ILLNESS  
FEVER AND COUGH, SHORTNESS OF BREATH