

# **SOUTH WALTON FIRE DISTRICT**

## **DEPARTMENTAL POLICY/GUIDELINE**



<b>CATEGORY</b>	<b>TITLE</b>	<b>POLICY/GUIDELINE #</b>
<b>Emergency Medical Services</b>	<b>Self-Monitoring Protocol</b>	Interim Policy
Prepared By: Brian Hughes, Assistant Chief		Revised Date: 3/25/2020
Approved By: Ryan Crawford, Fire Chief		Issue Date: 03/30/2020

### **PURPOSE**

The following protocol will be used by personnel in the event a potential COVID-19 exposure is identified. Personnel are to follow this protocol for fourteen (14) days unless they are cleared by a negative COVID test result from the source patient. An employee with a potential exposure occurring off-duty may be required to complete this protocol.

### **RESPONSIBILITY**

This protocol will apply to all SWFD personnel regardless of division or position.

### **PROCEDURES**

Following a potential exposure to a known COVID-19 patient or a patient with qualifying symptoms, crews are to complete the following:

1. Complete an Exposure form located on DES under the Forms section. This should be completed electronically and emailed to the EMS Chief at [emschief@swfd.net](mailto:emschief@swfd.net). You will need to save the pdf to your desktop to fill out, once complete, save the file and then email it.
2. Personnel are to report for shift as normal. They should consider isolating themselves from other crew members until cleared from the protocol. Use of proper hand hygiene is strongly encouraged.
3. Begin self-monitoring of temperature and symptoms for 14 days. This should be done twice a day, once at 0800 hours and again at 2000 hours. Personnel are to use the self-monitoring form located on DES under forms. Please complete this form electronically so that it may be emailed upon completion of the protocol.
4. Monitor for temperature, cough, sore throat, difficulty breathing or other flu-like symptoms. If there is an onset of any of these symptoms, notify the on-duty District Chief immediately and do not report to work. The employee will be upgraded to the Self-Quarantine Protocol.

5. If an employee has an onset of symptoms while on duty, they are to isolate themselves from the crew, don a surgical mask and notify their District Chief or Supervisor. The employee should be sent home immediately.
6. Personnel should consider isolating themselves from family members as a precaution until cleared from the protocol.
7. At the conclusion of the 14-day Self-Monitoring Protocol, employees are to email the completed self-monitoring form to the EMS Chief and notify their District Chief that their monitoring is complete.

## **DEFINITIONS**

1. Potential Exposure – is defined as contact with a suspected COVID-19 patient/individual where there was partial or no personal protective equipment worn. Contact may be defined as prolonged care lasting more than 1 minute within the 6-foot radius of the patient.
2. Confirmed Exposure – is defined as contact with a known COVID-19 patient where there was partial or no personal protective equipment worn. Contact may be defined as prolonged care lasting more than 1 minute within the 6-foot radius of the patient.
3. No Exposure – is defined as contact with a suspected or known COVID-19 patient where full personal protective equipment was worn.